

Under 8'S Game Info

(Coaches not to be on field)

Players per team: **7** max (or even) Game Duration: **2 x 20 mins** Ball size: **3**

Goalkeeper:

- ☞ **must wear headgear**
- ☞ Is allowed to pick up ball inside own Penalty area
- ☞ Must **throw or place-kick ball** (no kicking out of hands) within 6 seconds
- ☞ All other players to be 5 metres outside Penalty area
- ☞ Ball is in play once it goes outside Penalty area

Start of play & restart after goal:

- ☞ pass forward to a team mate from middle of halfway line
- ☞ all opposition players must be 5 metres away and in their own half
- ☞ ball must touch team-mate before goal can be scored
- ☞ each player can score a maximum of three (3) goals (encourages FAIR PLAY)

Ball crosses touchline:

- ☞ **throw-in** (2nd chance if not thrown-in correctly)
- ☞ thrower cannot touch ball until it has been touched by another player
- ☞ opposition players must be 5 metres away
- ☞ ball must touch team-mate before goal can be scored

Ball crosses goal line (outside goal) after last touching attacker:

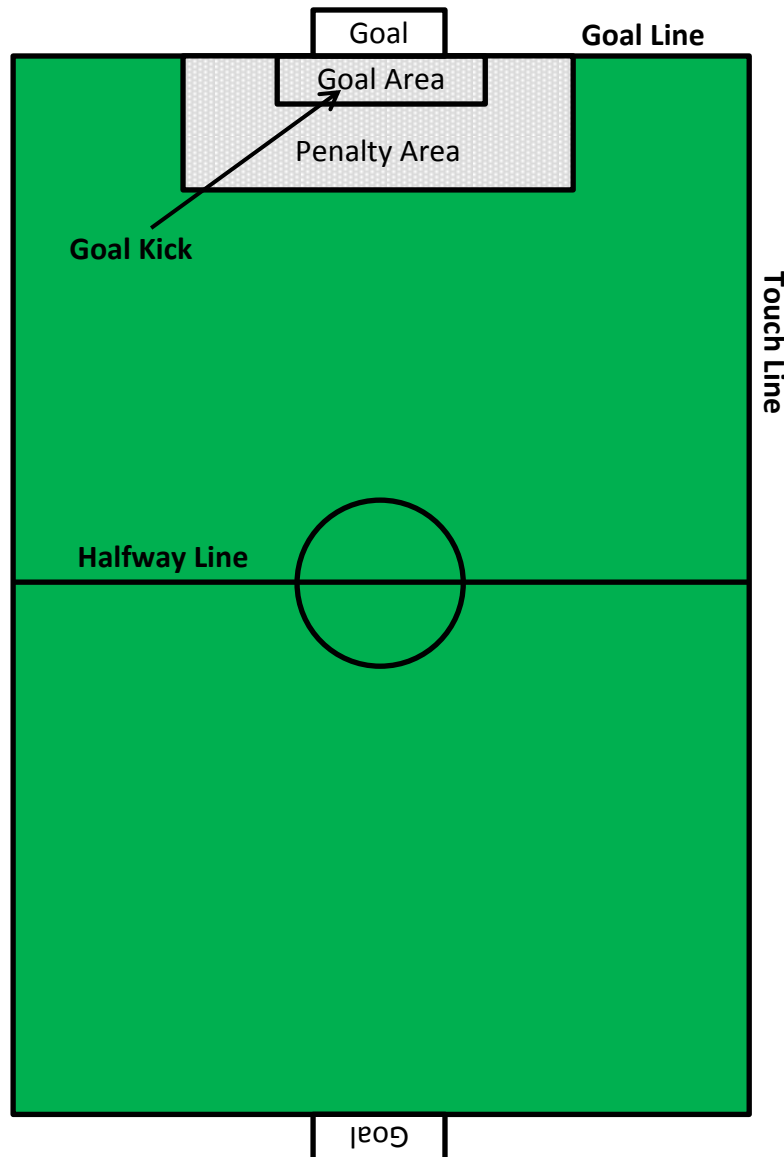
- ☞ **goal kick** – anywhere inside Goal Area
- ☞ ball must be kicked directly out of Penalty area
- ☞ Ball is in play once it is outside Penalty Area
- ☞ opposition players to be 5 metres from Penalty area - cannot move until ball is in play
- ☞ ball must touch team-mate before goal can be scored

Ball crosses goal line (outside goal) after last touching defender:

- ☞ corner kick
- ☞ must be kicked or passed directly into play (cannot touch ball consecutively)
- ☞ opposition players to be at least 5 metres away

Offside:

- ☞ there is no offside in general play, but **FAIR PLAY** rules apply



Remember: Your team's game must start and finish within the allotted time slot. If you are late, the game time may have to be reduced to finish on time!!

Advice to Game Leader:

- ☞ keep the game moving and limit stoppages by assisting players with restarts
- ☞ encourage all children to have fun and rotate restarts between players
- ☞ discourage players from permanently standing in front of goal
- ☞ encourage players to dribble for restarts (instead of big kick)
- ☞ ensure all opposing players are back the required distance for restarts