

## Under 10'S Game Info

Players per team: **9** max

Game Duration: **2 x 25 mins**

Ball size: **4**

### Goalkeeper:

- ☞ **must wear headgear**
- ☞ Is allowed to pick up ball inside own Penalty area
- ☞ Must **throw or place-kick ball** (no kicking out of hands) within 6 seconds
- ☞ All **opposition players to be back behind retreat line** – cannot move towards ball until **touched by defending team** (encouraging passing between defenders)
- ☞ Ball is in play once it goes outside Penalty area and is touched by defender

### Ball crosses goal line (outside goal) after last touching attacker:

- ☞ **goal kick** – anywhere inside Goal Area
- ☞ Ball must be kicked directly out of Penalty area
- ☞ Ball is in play once it goes outside Penalty area and is touched by defender
- ☞ All **opposition players to be back behind retreat line** – cannot move towards ball until **touched by defending team** (encouraging passing between defenders)

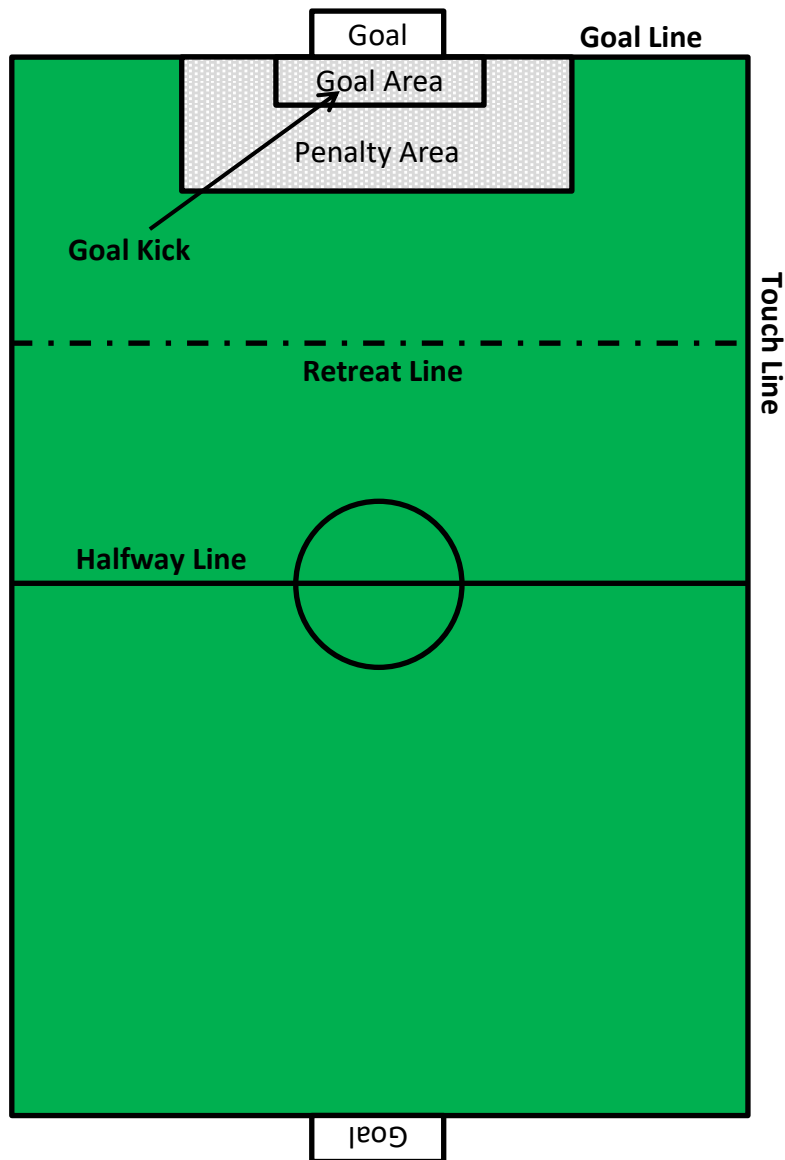
**Normal FIFA laws apply, with the exception of the maximum number of players allowed on the field (9, including goalkeeper)**

### Offside:

- ☞ normal FIFA offside laws apply – and at the discretion of the Referee

### Substitutes:

- ☞ a substitution must be made from the halfway line
- ☞ a substitution can only be made during a break in play (before goal kick, corner kick, restart from hallway)
- ☞ the referee must be notified before the substitution can take place
- ☞ the substitute player can only enter the field after the existing player has left the field



**Remember:** Your team's game must start and finish within the allotted time slot. If you are late, the game time may have to be reduced to finish on time!

#### Advice to Coaches:

- ☞ encourage **FAIR PLAY** for all children
- ☞ understand the laws and spirit in which they are played
- ☞ Do not allow anybody (including you) to stand near either goal or on the goal line, unless you have prior consent from the referee
- ☞ **limit constant instruction – let the players guide themselves**
- ☞ Never ridicule or yell at a player or official – **you are bound by a Code of Conduct**
- ☞ **RESPECT** the official's decision – this teaches the players to do the same

#### Advice to Parents:

- ☞ **Children participate for their enjoyment, not yours**
- ☞ encourage **FAIR PLAY** for all children
- ☞ Never ridicule or yell at a player or official – **you are bound by a Code of Conduct**
- ☞ **RESPECT** the official's decision – this teaches the players to do the same